

**NAME:**

**DATE:**

**PERIOD:**

**News Article Summary Sheet**

1. What is the main idea / topic of the article: \_\_\_\_\_

2. Briefly describe the article and its main points of emphasis:

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3. How does this article and the information within the article, apply to the following components of health:

A. Physical Health:

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B. Mental Health:

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C. Social Health:

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4. What did you learn about the topic / subject that you did not know before?

5. Is there anything about the article that makes you question the validity of the information? If yes, what? If no, why?